



2017 SUMMER VOLLEYBALL & CHEER CAMP JUNE 19-22

Dates: June 19-22, 2017

Location: Heirway Christian Academy, 6758 Spring Street, Douglasville GA 30134

Volleyball Camp: 9:00a.m. until 12:00 p.m.

The volleyball camp is open to rising 5th through 8th grade girls. It will focus on the fundamentals of volleyball. The camp will run from 9:00 to 12:00. The camp is \$85 if you pre-register; it is \$100 at the door. Price includes a camp t-shirt. Registration is limited to the first 24 that sign up.

To register, email mrmatt78@hotmail.com with your daughter's name, age and t-shirt size (or form below). Camp will be taught by Heirway Varsity Coach Mike Matteson and the 2018 Varsity Volleyball team. Heirway Christian Academy Volleyball has been Region Champions for 3 straight years. They have been in the GICAA Elite 8 the last 3 years.

Cheer Camp: 2:00 p.m. until 5:00 p.m.

The cheer camp is open to Elementary students through rising 8th grade girls. It will focus on cheer fundamentals, including motions, sidelines, jumps, cheers and dance skills. The camp is \$85 if you pre-register, or \$100 at the door. Price includes a camp t-shirt. Registration is limited to the first 24 that sign up.

To register, email Varsity Coach, Paulette Brown at browncompr@gmail.com with your daughter's name, age and t-shirt size (or form below). Cheer camp will be taught by Heirway Varsity Cheerleaders and a Cheerleader from Chapel Hill High School. Any questions, please call Coach Brown at 770.714.0678.

Combo Camp: 9:00 a.m.-12:00 p.m. volleyball, Lunch Break 12-1 (Please bring your own lunch, Cheer camp, 2:00 p.m. -5:00 p.m.)

If you are interested in both camps, the cost is \$150 if you pre-register, or \$200 at the door.

Please send payment to Heirway Christian Academy, attention Summer Camps.

6758 Spring Street, Douglasville GA 30134

Please include Name, age, t-shirt size, and camp they are attending.

Questions call: Mike Matteson 770.489.4392 or Paulette Brown (770.714.0678)

Heirway Cheer/Volleyball Camp

Name: _____ Age _____ Date _____ of _____

Birth _____ Address: _____ City _____ ZIP _____

Home Phone: _____ Email Address (PRINT) _____

Emergency Contact: _____ Phone Number: _____

School: _____ Grade: _____

T-shirt size: YOUTH: YXS _____ SM _____ MED _____ LG _____ YXL _____ ADULT: SM _____ MED _____ LG _____

Volleyball Only \$85.00 _____ Cheer Only \$85.00 _____ Combo Camp \$150.00 _____

Permission release- By enrollment in the program, permission is given for my child to engage in all program activities except noted by me. I grant permission to FIRST AID treatment and in the event of an emergency for the authorized staff to secure proper treatment for my child. If someone other than the parent/Guardian is picking up your child please make arrangements with the clinic director.

Parent/Guardian Waiver:

I hereby state that we have adequate medical coverage and will not hold the staff of Heirway Christian Academy High School/Cheer & Volleyball Camp liable for any injuries incurred during the session.

Signature: _____

Proof of Insurance policy #. _____ Name of Company _____

Please return this form with registration or bring to camp.



Heirway Varsity Cheerleading Tryout Form

Please sign up if you are interested in trying out for the 2017-2018 Varsity Squad

Tryout Date: Tuesday May 16th, 2017

(If you have a conflict with this date, please contact Coach Brown)

Cheerleader Name: _____

Grade Level: (Must be rising 7th grader or higher): _____

Cheerleading experience: _____

Parent/Guardian Name: _____

Address: _____

Guardian 1 #: _____ Guardian 1 alternate #: _____

Guardian 2 #: _____ Guardian 2 alternate #: _____

Email Address: _____

Cheerleader Cell #: _____ Do you text? Yes/No: _____

Best way to reach/communicate with cheerleader, i.e., practices, forms, etc.
(Text/phone/email): _____

Is this parent or cheerleader? _____

Any scheduled vacations this summer? _____

(We will try and at least do one week of half day practices this summer)

*******Emergency Contact*******

Name: _____ #: _____

MEDICAL SITUATIONS:

Please list any medical situations about which the coaches should be aware. Please include any medications the candidate takes and any medications he/she cannot take: _____



2017-2018 SEASON
~~ APPRENTICE ~ VARSITY ~

Thank you for your interest in trying out for cheerleading.

Official Cheer Tryout Date:
Tuesday May 16, 2017
3:30-5:30 p.m. (Heriway Gym)

ALL PAPERWORK MUST BE TURNED IN BY 4:30PM MONDAY MAY 15th

Selection of the cheerleaders will be based on the following:

- A cheer, chant, and short dance that will be taught to you during the clinic.
- Rhythm and Precision
- Toe touch (Required for Varsity)
- Side herkie, and a front hurdler, left and right kick)
- Athleticism and physical fitness
- Scholastic achievement and eligibility
- Conduct
- Attitude, initiative, teamwork, leadership, work ethic, enthusiasm, and coachability.

Teams:

Like last year, we will have two teams at Heirway: Apprentice Squad and a Varsity Squad. The apprentice team will practice with the Varsity squad, and when ready, they will cheer on the line and dance at **home** games with the Varsity team. Until that time, they will cheer from the bleachers..making sure they know the words to each cheer, etc. Apprentice team will not travel to away games. Please note that Varsity cheerleaders also must be able to perform the dance cleanly before joining the team on the floor at half time.

What do you wear to tryouts?

During tryout please wear comfortable, length appropriate shorts and a t-shirt/tank top.

- Leggings can also be worn. NO SPAGETTI STRAPS
 - Shorts should be fingertip length.
 - Sports bras and proper undergarments must be worn.
 - No denim shorts or jewelry.
 - Your hair is to be pulled back into a high ponytail.
 - Tennis shoes must be worn. No non-athletic shoes are not acceptable.
(Including Toms, Converse, Vans etc.)

What is required if I make the team?



Athletic Fee: Your \$150.00 athletic fee is **due by September 1, 2017.**

Please note on your check that it is for cheerleading. For those of you doing both Basketball and Cheerleading, please note that as well. It is an Heirway rule that you won't be able to practice until paid.

Banners: I am asking each cheerleader to sell at least one banner to help cover t-shirts and other uniform items. Otherwise they will be asked to purchase these items. I recommend you approach businesses you frequent and ask them to help. A detailed letter you can provide the company is attached, but here is the basic information: New banners are \$100.00, renewals are just \$100.00. Unfortunately, the athletic fee only covers travel costs. For more information, please ask me. We have a non-profit donation form, etc.

Volunteering: Everyone involved in a sport is asked to volunteer 3-4 times during the season. This can be done taking tickets, working concessions, etc. Kim Arnold will be sending around a schedule for you to sign up.

Items needed: Cheerleaders are required to provide white cheer shoes They are also required to provide low no show white socks.

Any other questions, please don't hesitate to call.

Thanks!

Paulette

Paulette Brown, Heirway Varsity Cheerleading Coach
browncompr@gmail.com
770.714.0678 (text/cell)