



Heirway Varsity Cheerleading Tryout Form

Please sign up if you are interested in trying out for the 2017-2018 Varsity Squad

Tryout Date: Tuesday May 16th, 2017

(If you have a conflict with this date, please contact Coach Brown)

Cheerleader Name: _____

Grade Level: (Must be rising 7th grader or higher): _____

Cheerleading experience: _____

Parent/Guardian Name: _____

Address: _____

Guardian 1 #: _____ Guardian 1 alternate #: _____

Guardian 2 #: _____ Guardian 2 alternate #: _____

Email Address: _____

Cheerleader Cell #: _____ Do you text? Yes/No: _____

Best way to reach/communicate with cheerleader, i.e., practices, forms, etc.
(Text/phone/email): _____

Is this parent or cheerleader? _____

Any scheduled vacations this summer? _____

(We will try and at least do one week of half day practices this summer)

*******Emergency Contact*******

Name: _____ #: _____

MEDICAL SITUATIONS:

Please list any medical situations about which the coaches should be aware. Please include any medications the candidate takes and any medications he/she cannot take:



2017-2018 SEASON
~~ APPRENTICE ~ VARSITY ~

Thank you for your interest in trying out for cheerleading.

Official Cheer Tryout Date:
Tuesday May 16, 2017
3:30-5:30 p.m. (Heriway Gym)

ALL PAPERWORK MUST BE TURNED IN BY 4:30PM MONDAY MAY 15th

Selection of the cheerleaders will be based on the following:

- A cheer, chant, and short dance that will be taught to you during the clinic.
- Rhythm and Precision
- Toe touch (Required for Varsity)
- Side herkie, and a front hurdler, left and right kick)
- Athleticism and physical fitness
- Scholastic achievement and eligibility
- Conduct
- Attitude, initiative, teamwork, leadership, work ethic, enthusiasm, and coachability.

Teams:

Like last year, we will have two teams at Heriway: Apprentice Squad and a Varsity Squad. The apprentice team will practice with the Varsity squad, and when ready, they will cheer on the line and dance at **home** games with the Varsity team. Until that time, they will cheer from the bleachers..making sure they know the words to each cheer, etc. Apprentice team will not travel to away games. Please note that Varsity cheerleaders also must be able to perform the dance cleanly before joining the team on the floor at half time.

What do you wear to tryouts?

During tryout please wear comfortable, length appropriate shorts and a t-shirt/tank top.

- Leggings can also be worn. NO SPAGETTI STRAPS
 - Shorts should be fingertip length.
 - Sports bras and proper undergarments must be worn.
 - No denim shorts or jewelry.
 - Your hair is to be pulled back into a high ponytail.
 - Tennis shoes must be worn. No non-athletic shoes are not acceptable.
(Including Toms, Converse, Vans etc.)

What is required if I make the team?



Athletic Fee: Your \$150.00 athletic fee is **due by September 1, 2017.**

Please note on your check that it is for cheerleading. For those of you doing both Basketball and Cheerleading, please note that as well. It is an Heirway rule that you won't be able to practice until paid.

Banners: I am asking each cheerleader to sell at least one banner to help cover t-shirts and other uniform items. Otherwise they will be asked to purchase these items. I recommend you approach businesses you frequent and ask them to help. A detailed letter you can provide the company is attached, but here is the basic information: New banners are \$100.00, renewals are just \$100.00. Unfortunately, the athletic fee only covers travel costs. For more information, please ask me. We have a non-profit donation form, etc.

Volunteering: Everyone involved in a sport is asked to volunteer 3-4 times during the season. This can be done taking tickets, working concessions, etc. Kim Arnold will be sending around a schedule for you to sign up.

Items needed: Cheerleaders are required to provide white cheer shoes They are also required to provide low no show white socks.

Any other questions, please don't hesitate to call.

Thanks!

Paulette

Paulette Brown, Heirway Varsity Cheerleading Coach
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